

# atgP - ↑fc Ges weÁvb

## Ñ Avej tnvmb tLvKb

gymij g agfej xfvbvl i wmsnfvMB gtb Ktib Bmj vg agAwefjei AvtM cw\_exi gvbvl wQj cfi v Amf- eeP Ges ci Zj | Ávb-Mwi gv, wkflv-`xflv, mfZvi gZv tKvb wKQB ZLb wQj bv Zvt`i gta`| Bmj vg Gtm AÜKvi (agfj cwi fvlvq hvfK ej v nq AvBqvfg Rvtnwj qv) hM t\_tK mevBtK D×vi KtitQ Ges cw\_extZ kwš- mfZvÑ BZ`w` cÜZöv KtitQ| wKš' GUv th KtZveo fj Ges wgv`v aviYvÑ Zv tKej BwZnm RvbTj B aiv qvq| BwZnvmi cKZ mZ` ntjv Bmj vg tKvb iKg AÜKvi t\_tKB gvbvl tK D×vi Ktib| eis Bmj vg Avmvi AvtMI thgb cw\_extZ mfZv, wkflv, Ávb-Mwi gv, kwš-wQj; Avevi tZgb Bmj vg Avmvi cti l cw\_extZ AmfZv, Awkflv, eePZv, Akwš- hK-weMh BZ`w` meB wQj Ges AvtQ| A\_Á AvtMI cw\_extZ fij -g>` ß-B wQj , cti l Zv AvtQ| Bmj vg Gtm GLvtb tKvb cwi eZÁ Avtmb| BwZnvtm wdti hw` cKekiv nq, Bmj vtgi Awefje KLB? DEi cvl qv hvte th, Bmj vtgi Awefje GLb t\_tK 1 nvRvi 3k0 98 eQi AvtM, 610 wL<sup>a</sup>-vtã | A\_Á GLb t\_tK 1 nvRvi 4k0 38 eQi AvtM (570 wL<sup>a</sup>-vtã) Bmj vtgi AwefjeK nhi Z gnyš` RbY MhYi 40 eQi ci (610 wL<sup>a</sup>-vtã) beqZcÜB ntq Bmj vg atgP mPbv NUvb| gymij g agfej xfvb gtb Ktib, Gi ci t\_tKB cw\_extZ mfZv ev mymfZv Avtm| wKš' ev`e ntjv, Bmj vtgi Awefje NUvi AvtMI itqtQ 4 nvRvi 6k0 10 eQi i mfZvi BwZnm| GB my`xN© mgtqi BwZnvtm itqtQ AvRtKi AvaybK Ae`vi tPtql we`sqKi mfZv, Ávbx- wY gvbvl, mK:Lj tmbvewmbx, Rxeb-hvcb e`e`vcbv, wPšv-fvebv, Awve`vi, `vcZ`, mwinZ`-ms`wZ Ges Av\_ÁmvgwRK Rxeb e`e`v| mfZvi tflT t`LtZ cvtev Bmj vtgi Awefjei 4 nvRvi 6k0 10 eQi AvtM (4 nvRvi wL<sup>a</sup>-ceftã) cÜPxb wgi l tgtmvtUwgv ivtöf D<sup>me</sup> ntqtQ, 4 nvRvi 10 eQi AvtM (3 nvRvi 4k0 wL<sup>a</sup>-ceftã) UvBMm l BDtdwUm b`x Zxti mtgixq mfZvi weKvk NtUtQ, 3 nvRvi 6k0 10 eQi AvtM (3 nvRvi wL<sup>a</sup>-ceftã) wÜzmfZvi weKvk NtUtQ, 3 nvRvi 4k0 80 eQi AvtM (2 nvRvi 8k0 70 wL<sup>a</sup>-ceftã) Utq gvbeemwZ `wcz ntqtQ, 1 nvRvi 6k0 10 eQi AvtM (1 nvRvi wL<sup>a</sup>-ceftã) tRi`Rvtj g bMix cÜZöv ntqtQ, 1 nvRvi 4k0 10 eQi AvtM (8k0 wL<sup>a</sup>-ceftã) wdwj wmqv`i Øviv Kv\_R bMix cÜZöv tctqtQ, cÜq t`o nvRvi eQi AvtM (4k0 47-4k0 38 wL<sup>a</sup>-ceftã) cvt\_Áj wbgfY ntqtQ| Avgiv hw` cw\_ex weL`vZ Agi KwZP BwZnm LwR Zvtj l t`Ltev Bmj vtgi Awefjei 3 nvRvi 6k0 10 eQi AvtM (3 nvRvi wL<sup>a</sup>-ceftã) wgti wciwgv wbgfYi KvR`ii` ntqtQ, 3 nvRvi 3k0 10 eQi AvtM (2 nvRvi 7k0 wL<sup>a</sup>-ceftã) MxRf epEi wciwgv wbgfY KvR`ii` ntqtQ, 3 nvRvi 2k0 10 eQi AvtM ( 2 nvRvi 6k0 wL<sup>a</sup>-ceftã) divl w\_Dctmi Rb` mteP wciwgv `Zwi ntqtQ, 1 nvRvi 3k0 86 eQi AvtM (7k0 76 wL<sup>a</sup>-ceftã) MhM cÜg Awj w`utKi mPbv ntqtQ, 1 nvRvi 3k0 63 eQi AvtM (7k0 53 wL<sup>a</sup>-ceftã) tivg bMixi cÜZöv ntqtQ, 8k0 30 eQi AvtM (2k0 20 wL<sup>a</sup>-ceftã) Pxtbi gnvcÜxi wbgfYi KvR`ii` ntqtQ, 1k0 72 eQi AvtM (4k0 38 wL<sup>a</sup>-vtã) ØRw÷qv tKwW AvBb `Zwi ntqtQ, 80 eQi AvtM (5k0 32 wL<sup>a</sup>-vtã) tmU tmmvqv MxRf wbgfY ntqtQ| Avgiv hw` weÁvbx, ep×Rxx wKsev `vkKt`i e`vcvti t`wL Zvtj cvtevÑ Bmj vtgi Awefjei 1 nvRvi 4k0 95 eQi AvtM (8k0 85 wL<sup>a</sup>-ceftã) gnvKwe tngvi -Gi RbY ntqtQ, 1 nvRvi 2k0 50 eQi AvtM (6k0 10 wL<sup>a</sup>-ceftã) Mm t`tki Aw` `vkK t\_wj m-Gi RbY ntqtQ, Avbw` gv`i -Gi RbY ntqtQ, BZwj i `vkK wcvtMvi m-Gi RbY ntqtQ, 1 nvRvi 2k0 30 eQi AvtM (6k0 20 wL<sup>a</sup>-ceftã) Mí Kvi Cktci RbY ntqtQ, 1 nvRvi 1k0 70 eQi AvtM (5k0 60 wL<sup>a</sup>-ceftã) `vkK tRtvtY-Gi RbY ntqtQ, 1 nvRvi 1k0 61 eQi AvtM (5k 51 wL<sup>a</sup>-ceftã) Pxbv `vkK Kbdwqvbi RbY ntqtQ, 1 nvRvi 1k0 13 eQi AvtM (5k0 3 wL<sup>a</sup>-ceftã) `vkK wni wKbvm-Gi RbY ntqtQ, 1 nvRvi 1k0 10 eQi AvtM (5k0 wL<sup>a</sup>-ceftã)



Rbŕ ntqtQ, 1 nvRvi 37 eQi AvtM (4k0 27 mL<sup>a</sup>-ceŕã) `vk0K tc#vi Rbŕ ntqtQ, 9k0 94 eQi AvtM (3k0 84 mL<sup>a</sup>-ceŕã) M0m `vk0K Gwi ÷Utj i Rbŕ ntqtQ, 9k0 50 eQi AvtM (3k0 40 mL<sup>a</sup>-ceŕã) gnv weÁvbx BwKivi vmi Rbŕ ntqtQ, 9k0 10 eQi AvtM (3k0 mL<sup>a</sup>-ceŕã) gnweÁvbx BDwK#wi Rbŕ ntqtQ, 8k0 97 eQi AvtM (2k0 87 mL<sup>a</sup>-ceŕã) weÁvbx Avik0gWtmi Rbŕ ntqtQ, 7k0 eQi AvtM (1k0 mL<sup>a</sup>-ceŕã) Rvj qvm

vmRvti i Rbŕ ntqtQ| GgbwK Bmjvg atgP c0Zŕ nhiZ gn0ŕ -Gi Rtbŕi (570 mL<sup>a</sup>-vã) 1 nvRvi 1k0 6 eQi AvtM (5k0 36 mL<sup>a</sup>-ceŕã) Rbŕ ntqtQ teŕx atgP c0Zŕ tMSZg eŕxi, 5k0 74 eQi AvtM (4 mL<sup>a</sup>-ceŕã) Rbŕ ntqtQ mL<sup>a</sup>-atgP c0Zŕ hxi mL<sup>a</sup>-i | HwZnvmK AtbK ivR%0wZK NUbvI NtUtQ Bmjvg atgP Amefŕei AvtM| thgb 1 nvRvi 1k0 19 eQi AvtM (5k0 9 mL<sup>a</sup>-ceŕã) tivtg c0RvZŕ; c0Z0v ntqtQ, 1 nvRvi 71 eQi AvtM (4k0 61 mL<sup>a</sup>-ceŕã) Gt\_tY tcwi wK#mi tbZtZi Gtm0 ivR%0wZK -Y0M, 6k0 83 eQi AvtM (73 mL<sup>a</sup>-ceŕã) `úvU0Kv0m NtUtQ HwZnvmK `vm-weŕ`0n| mZivs

c0vb c0vb ag0Ges ag0c0Z0Kvi x		
mgqKvj	ag0ŕ	c0Z0Kvi x
8000 mL <sup>a</sup> -ceŕã (GLb t_tK 10 nvRvi eQi AvtM)	FtMŕ (cti te`)	Fwl MY
6193 mL <sup>a</sup> -ceŕã (GLb t_tK 8 nvRvi 2k0 1 eQi AvtM)	tR> -Avtf`v	tRvi lqv÷vi
3000 mL <sup>a</sup> -ceŕã (GLb t_tK 5 nvRvi eQi AvtM)	Avg`qvZ	-
1285 mL <sup>a</sup> -ceŕã (GLb t_tK 3 nvRvi 2k0 93 eQi AvtM)	evBtej (`Zwi Z)	nhiZ gmv
1000 mL <sup>a</sup> -ceŕã (GLb t_tK 3 nvRvi 8 eQi AvtM)	evBtej (Reŕj)	nhiZ `vD`
510 mL <sup>a</sup> -ceŕã (GLb t_tK 2 nvRvi 5k0 18 eQi AvtM)	teŕx ag0	tMSZg eŕx
26 mL <sup>a</sup> -vã (GLb t_tK 1 nvRvi 9k0 82 eQi AvtM)	evBtej (BwAj)	nhiZ Bkv ev hxi mL <sup>a</sup> -
610 mL <sup>a</sup> -vã (GLb t_tK 1 nvRvi 3k0 98 eQi AvtM)	tKvi Avb	nhiZ gn0ŕ

tKvbfvteB ejvi AeKvk tbB Bmjvg atgP Amefŕei AvtM, ev Ab` th tKvb atgP AvtM cwl\_extZ my mF`Zv wQj bv, m00kxj Zv wQj bv, gvbeZv wQj bv, Avie`vi wQj bv, weÁvbx ev `vk0K wQj bv, kvŕŕ-k;Lj v wQj bv| ej v hvte bv gvbl cŕiv Amf`-eeP Ges ci Zj` wQj | ej v hvte bv Zv` i Ávb-Mwi gv, wk0v-`x0v tKvb wK0B ZLb wQj bv| eis ej tZ nte ZLb wQj gnvb GK D34j hM, hv AtbK `xN0 m0ekvj | atgP Amefŕe wbtql itqtQ AtbK ivL-XvK, j tKvPwi | BwZnvm j 0 Ki t j t`Lv hvte c0tg Fwl iv Kí bv w`tq atgP c0Z0 NUUtqtQb| Zvt`i t\_tK Gtm0 FtMŕ | cti te` | Zvici Fwl t`i Kí bv tK Avil LwbKUV hMvcthvMx Kti ev ms`vi mvab Kti tRvi lqv÷vi KZŕ tRf-Avtf`v bvtg ag0ŕŕi c0Z0 NUvbtv ntqtQ| Zvici Avil ms`vi Kti Amefŕe NUvbtv ntqtQ Avg`qvZi | Gi Dci Avil ms`vi mvab Kti Amefŕe NUvbtv ntqtQ `Zwi Z evBtej | Gi l ms`vi mvab Kti Amefŕe NUvbtv ntqtQ Reŕj evBtej | gvSLvtb Avil wfbvte hMthvcthvMx Kti tMSZg eŕx c0Z0 NUUtqtQb teŕx atgP | Gici Avil ms`vi mvab Kti c0Z0 NUvbtv ntqtQ evBtej (BwAj) bZb wbtgi | meŕkl Avil LwbKUV ms`vi mvab Kti c0Z0 NUvbtv ntqtQ tKvi Avil ev Bmjvg atgP | th Kvi tY c0Z`KUV atgP m1/2B c0Z`K atgP wQj, meŕkl Kti AvqvZ ev ag0vK` wQj cvl qv hvq | meŕkl ag0vntmte Bmjvg c0Z0bi mgq cjt b v ag0ŕŕ, t j vi f j evK` ev wcl q, t j v M0Y Kiv ntqtQ, hMvcthvMZvi Kvi tY Aviet`i Rb` M0YthvM` nte

bn̄ Ggb wel q,tjv ev` t` l qv ntqtQ| GB ag`cēZBtK mvgtb ti tL cēZPKi `v`ej ʎ-Dtī k`tK  
wetkl fvte `i`Zi t` l qv ntqtQ| tmBmt½ tKvi AvbtK `xN`mgq ati bvtRj Kivi mʎhvʎM ZrKvj xb Avie  
mgvtRi Av\_`ivR%bWZK Ae`vi mt½ Zij tgj vtZ bvbv wel q mshj³ Kiv ntqtQ| th Kvi tY AtbK wel qB  
tkl chśl `wētivax ntq ctotQ Ges GK Ae`vʎbi mt½ AvtiK Ae`vʎbi mgštqi eo iKtgi Afve `Zwi  
ntqtQ| wKš`gRvi e`vcvi ntjv, ZrKvj xb Avitei tj vtKiv ev ag`cēZR wbtRI c\_w\_ex m`úitK`GtZvB AÁ  
wQtj b th, Bmj vtgi AvtM c\_w\_exi gvbyl ōAvBqvʎg Rvʎnwj qvZŌ hʎM wQj etj ávš-aviYv t` l qv ntqtQ Ges  
metPtq AwkwʎZ-AA Avitei tj vtKiv ZvB-B wekʎm Kiti tQ| hv (IB ávš-aviYv) AvRI me RvqMvi  
gmj gvbt`i tevSvʎbvi ev wekʎm Kivʎbvi tPóv ntq `vtK| Avmtj c\_w\_ex th AUKvi hʎM wQj bn̄ Zv  
BwZnvʎmi cvZv Dēvtj B t` Lv hvq|

mZivs GKUv wel q cwi `vi th, atgP cēZB ntquQj Kí bvtK fi Kti Ges tm ag`AvRI tmB Kí bvtZB  
AvtQ| tm th agB tnvK bv tKb| wKš` weÁvʎbi KvʎQ th Kí bvi `vb tbB Ges Kí bv th cōvYnxb ntZ  
eva`N Zv ej vi AtcʎvB ivtL bv| weÁvʎb cōvYwbfP, Ges cōvY ev mtZ`i Dci `wotqB weÁvʎtK Pj tZ  
nq| hv atgP e`vcvti cʎiv Dtēv, Ges tm Kvi tY atgP mt½ weÁvʎbi tKvb mgšq ntZ cvʎi bv| Avi c\_w\_ex  
Ges gvbevf`Zvi BwZnvʎm ntjv cōvY wbfP, A\_ʎ weÁvʎb wbfP| Avi ag`ntjv Kí -Kwmbx, tm Kvi tY  
Zvi ctʎ cōvYi gʎLvgLx `wovʎbv m`e bq| tm Rb`B GtK Kí tʎvK w`tq AÁ gvbyl tK weávš-Kivi cōPóv  
Pvj vtZ nq| GtK Ávʎ-mtPZbZv-mʎkʎv-BwZnvʎmi mvgtb kw4Z, AvZswKZ `vKtZ nq| dtj ag`memgqB  
weÁvʎb ev Ávʎbi cōZcʎ, kĪ`| Kvi Y GB weÁvʎB th atgP bvk ev hg| mZivs atgP `vi `Y fq weÁvʎb|  
eo K\_wUv ntj vñ gvbyl hʎZv Rvʎte ZtZv wkwʎZ nte, ZtZv eʎte, Ges ZtZv mZ` ev e`ZwšK nte| Avi  
Zv-ntj B atgP Rb` gnwec` | Kvi Y Rvʎtj, wkwʎZ ntj Ges eʎtj N̄ mtZ`i Rq, weÁvʎbi Rq, e`evt` i  
Rq nte| Avi ci vRq ev wej wB NUte fivev`i, Kí tʎvʎKi, Z\_v atgP| mZivs mZ`B thʎnZi weÁvʎb,  
tmʎnZi mtZ`i cōZōvq w\_g`vi aesm AmbevʎP Avi G Kvi tYB ag`ev ag`v`xiv gZi ftq AvZswKZ| GLvʎb  
AvZʎ ʎv tctZB ag`v`xt`i tK Aweivg gwiv qv cōPóv Pvj vtZ nq|

Avti KUv wel q ntjv, atgP Rb`ev GtK wUwKtq ivLvi tCQtb tek KZ,tjv Kvi Y itqtQ| G Kvi tYi Ab`Zg  
ntjvñ e`w³ I tMvōxMZ `v`Pʎv Kiv, Av\_`mvgwRK tʎtĪ G tMvōxi jvfRbK ewYRtʎĪ iPbv Kiv,  
ʎgZvevb nI qvñ me`wi epĪi RbtMvōxtK tkvLY-kvmʎbi k;Ltj Ave× Kti gʎotgq tkvL KtMvōxi e`vcK  
`v`Pʎv Kiv| t` Lv hvte Rb`t`tK AvR chśl GB KvRwB bvbv tKšktj Kti AvmtQ agP cKZctʎ Kwí Z  
ci tʎvK bvtgi GK tjvfʎq RvqMvi tjvf t`wLtq c\_w\_exi epĪi RbtMvōxtK tkwL Z-kwmZ Ges jĪb  
KtZ `eÁwʎK e`ev` cwi nvi Kti agP K `Zwi KtZ nq fivev` ev Kí tʎvʎKi aviYv| ag`GRb`B e`envi  
ntq GtmtQ Ges AvRI nt`Q| wK G Kvi tYB tkvL KtMvōx I mvgR`ev` GB agP K wUwKtq ivLvi Rb` cōvšl  
tPóv Kti `vtK| Avi weÁvʎb me mgqB Av\_`ivR-mvgwRK mKj tʎtĪ gvbyl tK e`evt`i wfvĪtZñ Z\_v  
mtZ`i Dci `wo Kwitq Zwi `v`Pʎv KtZ Pvq| thʎnZi c\_w\_extZ gvbyl gj Z `ʎfvʎM wef³- tkvL K I  
tkwL Z, Avi thʎnZi tkwL Z gvbyl B wmsnfvMñ tmʎnZi ʎi Zi tMvōx wntmte tkvL KtMvōxi `xq-`v`Pʎvq  
agP K e`envi KtZ nq Ges GB agP K tkwL Z gvbyl i Dci Pwctq w`tZ nq| G Ae`vq wmsnfvM gvbyl i  
Rb` thgb Av\_`mvgwRK tʎtĪ cōqvRb tkvLYg³, tZgb mtZ`i Dci `wotqB cōqvRb weÁvʎb| G `ʎUv  
hʎZv ci Y ev weKwKZ nte, atgP gZi ZtZv Nwbʎ Avmtē| GLvʎb GtK-Acti i mgštqi wKQy tbB| eis  
AvtQ msNvZ, Ges AmbevʎPvte AvtQ w\_g`vi aesm ev gZi |

[Zwi L : 8 Rj vB 2008, XvKv]

- Avej tnvʎmb tLvKb : mvsew` K-tj LK I gvbewaKvi KgP